

Reputation Pulse

Health, Sustainability and Reputation

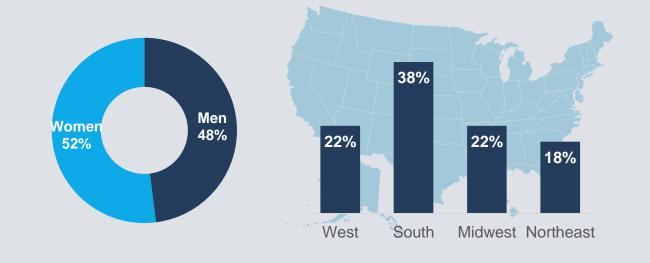
March 2023

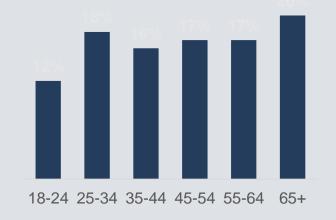


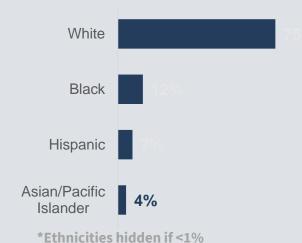
Reputation Leaders conducted a **5-minute** online survey in March 2023 among **1,000 American adults** aged 18 and over.

The data was weighted to match US demographics by gender, age, and region.

The margin of error for the sample of 1,000 is +/- 3.1% at a 95% level of confidence.







CONTENTS

- 1. About the Reputation Pulse
- 2. Global Health Day (April 7th)





Global Health Day April 7th, 2023

Increasing trend of US health anxiety

42% of US adults regularly experience health anxiety.

Younger Americans (18-44)
are most impacted by
regular health anxiety.

Half of these struggle with
mental health and a quarter
feel their anxiety has
impacted their work.

When it comes to health information provided by official sources (CDC, FDA):

- A quarter of US adults struggle to understand it.
- 18% simply don't trust it.

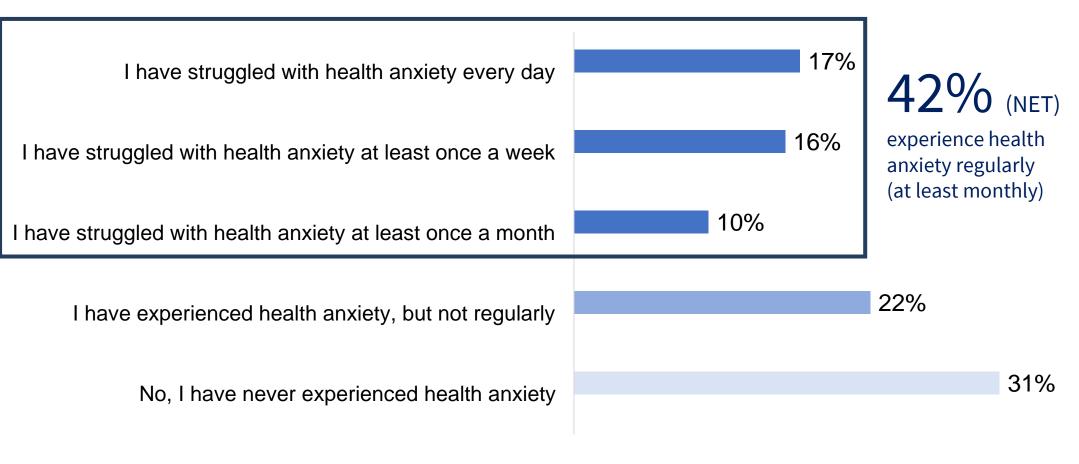
63% of US adults say they are more aware of health risks since the COVID-19 pandemic.





Two in five Americans regularly struggle with health anxiety

Have you experienced anxiety related to your personal physical or mental health in the last 12 months?



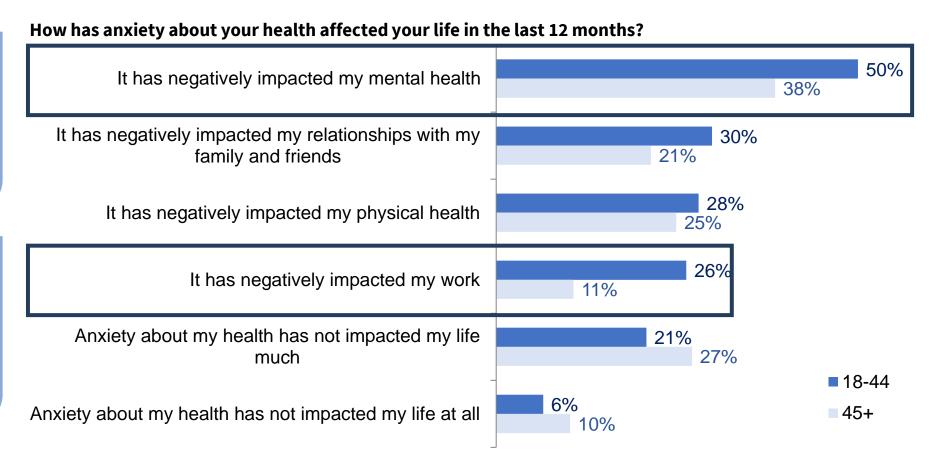
Young Americans' mental health and work is suffering due to health anxiety.



50% of 18–44-year-olds say that their mental health has been impacted. 26% feel that their anxiety has impacted their work.

Older workers are more resilient during health crises and fewer are impacted by health-related anxiety at work

Older workers can inspire and mentor younger workers to help them better manage their mental health concerns

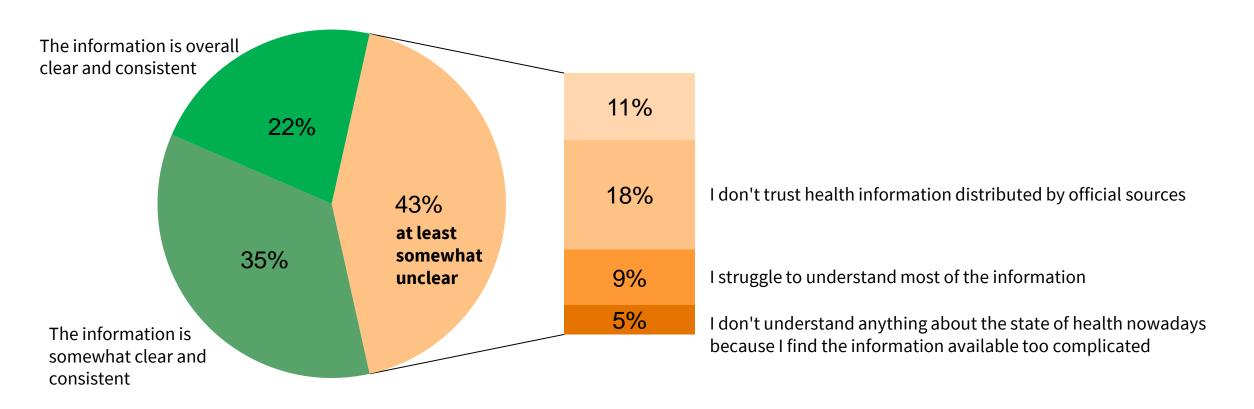


25% struggle to understand official US health information 18% don't trust health information from official sources



Official health communications such as from the FDA or CDC, need to be clearer for many Americans.

How understandable is the health information distributed by official sources like the FDA or CDC?



Global Health Day* is more important than ever: awareness of health risks has increased dramatically since the pandemic

Almost two thirds of US adults (63%) say they are more aware of health risks since the COVID-19 pandemic

How has your perception of health risks changed in the last few years following the pandemic?

